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Eastern Shoshone Diabetes
Self-Management Program

Eastern Shoshone Tribe
Robert Wood Johnson Foundation
Montana/Wyoming Tribal Leaders Council
Black Hills State University
Interview
Project’s Model For Partnership That Built Community Support For Diabetes Care

COLLABORATION!

• Collaboration was with the following programs:
  – Robert Wood Johnson Foundation
  – Montana/Wyoming Tribal Leaders Council
  – Blacks Hills State University
  – Wind River Service Unit
  – Shoshone Business Council
Building Community Support For Diabetes

- Program first was involved in their own training and classes.
- Program passed out flyers to the community.
- Program would complete three home visits before the community member would agree to participate.
- The Eastern Shoshone Diabetes Program conducted 7,608 home visits between 2004 and 2006.
Key Objectives For Building Partnerships

- Identifying: What is Diabetes?
- Coping with Stress
- Diet
- Moving to stay Healthy
- Medications
- Monitoring: Knowing your numbers
- Acute Complications
- Long Term Complications Of Diabetes
Strategies Used For Developing These Partnerships

- Communication
- Home Visits
- Post Planning before each activity
- Teaching would be more individualized rather than group education (within the group education)
- Incentives such as T-shirts, Water Bottles, Certificates, Wrist Bands, and Pins.
Barriers

- Times of the Activities
- Denial From Clients
- Work Environment
- Prejudice towards Clients
- Personal Conflicts
- Trust Issues
Our Successful Partnership

• Training and Support from Black Hills State University.

• Feed Back From Clients.

• Noticeable Change in Clients' Physical and Mental.

• Collaboration and Communication between programs that were supporting the classes.
Outcomes and Accomplishments

• Clients Have A Sense Of Change
• Met the Goal Established
• Eastern Shoshone Diabetes Program has become a household name
• Community has gone from Denial to Acceptance
• Program is Progressing to Family Education
Key Lessons

• Program Employees Better Able To Relate To Clients
• Eastern Shoshone Diabetes Program Able to Walk The Walk & Talk The Talk
• Outreach Workers are able to utilize what is being taught
• Outreach Workers are able to understand the clients hardship and emotional stress

EDUCATION IS LIFE SAVING!